

***Women's Own Adventure* unveils the mystique of Peru.**

Trek into the past at Machu Picchu and experience our Eco Lodge in the Amazon Jungle.

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Peru is a country that nurtures some of the world's most dramatic scenery – from the lush rainforests of the Peruvian Amazon, its serpentine rivers and barren deserts to the soaring Andean Mountains that slices through much of the South American continent.

Director of Specialist Adventure Travel Company for women only, *Women's Own Adventure*, Marika Martinez has tailored her Peruvian trips to accommodate a new generation of sophisticated female travellers who are looking to incorporate cultural interaction and wildlife experiences with a sense of adventure.



“This is why *Women's Own Adventure* focuses on packaging the very essence of Peru's diverse scenery and culture into our adventure holiday,” she said.

Women's Own Adventure is offering an amazing adventure to Peru with a stopover in Chile to enjoy a culinary tour and authentic cooking class. The 16 day trip departs 25th September 2008 with a package price of \$5,980 including airfares.

Standing 2,407 metres above sea level in a misty veil of cloud, travellers will be awestruck by the ruins of Machu Picchu, which stands as a defiant bastion of the “Old World” as well as the gatekeeper to mystical Peru.

It is the ancient ‘city in the clouds’ – the ruins of Machu Picchu, located high above the thunderous Urubamba River, that remains Peru's most distinctive spellbinding attraction. The citadel was inhabited by noblemen and priests as well as ceremonial virgins, who according to legend dedicated their lives to the Inca's ‘Sun God’. Travellers will learn the history and archaeology of the ancient culture that once lived here.

“One of the other highlights of the trip is a two-day Misminay Indian Community trek through spectacular mountainous scenery before arriving at an authentic village 3,700m above sea level. The views from the natural balcony leave a deep impression on those who visit. The group will also discover techniques and designs of Peruvian ceramics and weaving. One of the most beautiful markets of the Andean region takes place on Sunday in Chinchero. Our group will visit this market which is famed to be home of the best group of artisans.” Said Ms Martinez

On day 12, travellers will head for the Amazon jungle to arrive at a secluded eco lodge after a scenic boat-ride on the Tambopata River. Here they will spend four-days beneath the vast expanses of standing forest, walking jungle trails and discovering remarkable wildlife including exotic birds, pumas, monkeys, vibrant butterflies as well as giant river otters.

There will also be the opportunity to visit a communal jungle clinic where visitors will learn how medicines are produced out of selected forest plants and administered to patients.



“The women only cultural and wildlife trips have been tailored for those with an adventurous spirit and wish to get off the beaten track. Cultural sensitivity and a respect for the environment are of utmost importance with our journeys”, Ms Martinez said.

“We have designed our small group trips to suit women from all walks of life, giving them the experience they seek as well as nurturing their adventurous spirit.”

Women's Own Adventure

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